

Heart Failure Checklist

Checklist and mandatory information to give to HF patient

HF etiology			
First hospitalization	YES		NO
Duration of hospitalization			Days
Height			cm
Weight			kg
Ejection fraction			%
Systolic/diastolic blood pressure			mmHg
Resting heart rate			bpm
NYHA class			I II III IV
Biochemical findings		Serum creatinine	
		eGFR	
		Potassium	
		Sodium	
Therapeutic education		Done	YES
		Understood by the patient	NO
Knowledge of treatment		Done	YES
		Understood by the patient	NO
Nutritional Referral			YES
Rehabilitation therapy			NO

Treatment	Yes	No	CI*	Planned for next visit	Dose	Target dose
ACEi /ARB						
B-BLOCKER						
DIURETIC						
Spironolactone						
Invabradine						
Other						
Other						

*Contra-indicated

Group 1: patients with mild to moderate heart failure AND without additional comorbidities

General practitioner informed
 Coordinating person* informed
 Visit to general practitioner within 14 days
 Cardiology consultation within 2 months
 Laboratory parameters within 8 days

YES	NO
YES	NO
YES	NO
YES	NO
YES	NO

Group 2: patients with severe heart failure AND/OR additional comorbidities

General practitioner informed
 Coordinating person* informed
 Visit to general practitioner within 7 days
 Cardiology consultation within 1 month
 Laboratory parameters within 1 month

YES	NO
YES	NO
YES	NO
YES	NO
YES	NO

* Coordinating person: the person in charge of coordinating the management between the in-and outpatient clinics, such as the nurse

Follow-up recommended for patients:

Weight measurements	weekly
Blood pressure measurement	Once in the morning
Heart rate measurement	Once in the morning
Assessment of signs of congestions	Edema - Dyspnea