Pre- and post-hospital discharge checklist

Patient's name:		Gender: Male Female	Age:
	PRE-DISCHARGE VISIT Hospital specialist: Date of discharge: / / 20	EARLY POST-DISCHARGE VISIT 1 Doctor/Nurse: Date of visit: / / 20	EARLY POST-DISCHARGE VISIT 2 Doctor/Nurse: Date of visit: / / 20
CLINICAL ASSESSMENT			
Weight	kg	kg	kg
Resting heart rate	Rhythm: sinus atrial fibrillation not available	Rhythm: sinus atrial fibrillation not available	Rhythm: sinus atrial fibrillation not available
Blood pressure	Systolic/diastolic:	Systolic/diastolic:	Systolic/diastolic:
Clinical symptoms of volume overload	Signs of congestions: pulmonary rales, jugular venous congestion, hepatomegaly, peripheral edema Breathlessness Orthopnea	Signs of congestions: pulmonary rales, jugular venous congestion, hepatomegaly, peripheral edema Breathlessness Orthopnea	Signs of congestions: pulmonary rales, jugular venous congestion, hepatomegaly, peripheral edema Breathlessness Orthopnea
NYHA class	Class II Class IV	Class II Class IV	Class I Class II Class III Class IV
Other measurements	LV ejection fraction % Serum creatinine Potassium	LV ejection fraction % Serum creatinine Potassium mmol/L	LV ejection fraction
PATIENT EDUCATION			
Nonpharmacological measurement	Diet Exercise Weight monitoring Detection of worsening symptoms	Diet Exercise Weight monitoring Detection of worsening symptoms	Diet Exercise Weight monitoring Detection of worsening symptoms
OPTIMIZATION OF MEDICAL THERAPY			
ACEIs or ARBs	Prescribed Not prescribed (Cl or intolerance) Not prescribed (patient refused)	Prescribed Not prescribed (Cl or intolerance) Not prescribed (patient refused)	Prescribed Not prescribed (Cl or intolerance) Not prescribed (patient refused)
Beta-blockers	Prescribed Not prescribed (Cl or intolerance) Not prescribed (patient refused)	Prescribed Not prescribed (Cl or intolerance) Not prescribed (patient refused)	Prescribed Not prescribed (Cl or intolerance) Not prescribed (patient refused)
MRAs	Prescribed Not prescribed (Cl or intolerance) Not prescribed (not indicated) Not prescribed (patient refused)	Prescribed Not prescribed (Cl or intolerance) Not prescribed (not indicated) Not prescribed (patient refused)	Prescribed Not prescribed (Cl or intolerance) Not prescribed (not indicated) Not prescribed (patient refused)
lvabradine	Prescribed Not prescribed (Cl or intolerance) Not prescribed (not indicated) Not prescribed (patient refused)	Prescribed Not prescribed (Cl or intolerance) Not prescribed (not indicated) Not prescribed (patient refused)	Prescribed Not prescribed (Cl or intolerance) Not prescribed (not indicated) Not prescribed (patient refused)
PLANNING OF VISITS			
	Date of next follow-up visit:	Date of next follow-up visit:	Date of next follow-up visit:

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